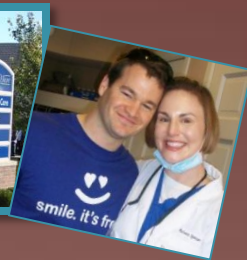


101 Receive Care at Dentistry From The Heart

On Saturday October 2, 2010, Foster Dental Care opened its doors to the community by hosting *Dentistry From The Heart*, a day of free dentistry for adults without financial resources to receive care. By the time the doors opened at 8am, the line had already wrapped around the building. Each patient had a choice between an extraction, filling or cleaning. While patients waited in line, they were greeted with coffee and magazines, and filled out paperwork to help streamline the process.

One of the many highlights of the day was watching people exit the building after treatment, grinning ear to ear, finally pain-free or proudly showing off their freshly polished teeth and dazzling smiles. The crowd was amazing and very positive. They shared encouraging words to those in line with fears about seeing a dentist. With an incredible team of volunteers and support of corporate sponsors, 101 patients received dental treatment during an eight hour time frame. "The day was very exciting for everyone involved and we helped out a lot of needy people," remarked Dr. Foster on his thoughts of the day.

Prior to the event Fox 4's Linda Wagar highlighted the day during a special Problem Solvers segment and Meredith Hoenes came out to do a live broadcast! For clips of both segments, click on the News & Events tab on our website.



Foster Dental Care would like to recognize Dr. Patrick Collins, Dr. Adam McClellan, Dr. Chris Hawkins, and all volunteers for generously donating their time to help the community receive dental services. A special thanks to corporate sponsors McKeever Price Chopper, Print Graphics, Vital Signs, Blue Springs Chamber of Commerce & Office Depot.



Don't miss out on maximizing your insurance benefits or using any remaining flex account dollars you may have!

With extended before school and after work hours we have an appointment time that works with your schedule.

Seriously Spooky:

Candy Consumption & Cavities

Remember a simple strategy for preventing tooth decay after gorging on ghoulish treats – proper cleaning and brushing.

You can also follow these tips from the American Academy of Pediatric Dentistry:

- Mix in healthy snacks along with Halloween candy: A balanced diet is one that includes cheese, fruits, vegetables, grains, lean meat, milk and yogurt.
- Monitor candy consumption: Only allow Halloween treats in moderation.
- Avoid chewy treats that tend to stick to teeth and cause more damage.
- Take the fear out of flossing: Teach children flossing techniques for improved oral health at Halloween.
- Make tooth brushing fun: Seasonal tooth brushes featuring Halloween themes get children excited about taking care of their tiny teeth.
- Don't be afraid of the dentist: With all of the sweet treats consumed around Halloween, now is a great time for parents to schedule a pediatric dental appointment for their children.

Referrals Rewarded!

The Referral Raffle is back – this time you could win!

On December 23rd we will draw the lucky winner of an Apple iPad! Simply refer friends and loved ones to our office for your name to be entered into the drawing. For more details, click on the News & Events tab on our website.



THANK YOU

As the season of thanks is upon us, we'd like to take a moment to recognize you, our amazing patient. We value our relationship with you and look forward to seeing you in the year to come for your 6-month cleanings. Wishing you and yours a healthy and happy holiday season.

With gratitude,
Dr. Foster, Dr. Spencer & Team